

Warwickshire Shadow Health and Wellbeing Board

13 November 2012

Director of Public Health Annual Report 2012 1 in 3: The Picture of Ill Health in Warwickshire

Recommendation

That the Warwickshire Shadow Health and Wellbeing Board notes the recommendations in the Director of Public Health's Annual Report 2012

1. Last year's report focused on the lifestyle priorities for Warwickshire's people. This report begins to look at the effects lifestyle has on our health and wellbeing.
2. Chronic ill health can affect people at all ages but is predominately within an older age group and a major contributor to frailty. We are all living longer related to our increasing affluence through not always into a healthy old age.
3. Long term conditions are increasing, partly as a consequence of the aging population and unhealthy lifestyle choices. Nationally, around 1 in 3 people, aged over 16, live with at least one long term condition. An estimated 1 in 3 people in Warwickshire, aged over 16, are living with one or more long-term conditions, this equates to 147,000 people.
4. A long term or a chronic condition cannot, at present, be cured but is controlled by medication and/or other treatment/therapies. Assessing and understanding the needs of these people is key to the planning and provision of public services locally. This is particularly so for NHS emergency services as well as access to Adult Social Care Services.
5. The report looks at some of the challenges and solutions through **Primary Care** in the management of chronic diseases. It highlights the issue of **multi-morbidity** where an individual is suffering from more than just one condition. This is important because it is the norm rather than the exception for many people. It considers the **implications for the wider workforce** and the role that it has to play in identification and prevention through **Making Every Contact Count**. Finally it looks at the opportunities presented by influencing the **wider determinants** of health with a focus on the role and potential of the **health impact assessment** process.

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